VOLUNTEERING OPPORTUNITIES

SOCIAL IMPACT LAB

You can find a wide range of volunteering opportunities via the links below;

University of Southampton Volunteering Bank	The **Volunteering Bank** helps University of Southampton students find rewarding volunteering opportunities with local charities and community organisations. Roles range from one-off events to regular placements, helping you develop employability skills, explore career interests, build your CV, make new friends, and create a positive impact in the local community while studying.
Southampton University Students Union	Student societies offer a fun and flexible way to volunteer while meeting people who share your interests. Through **SUSU**, you can join volunteering, fundraising and community-focused societies, take on committee roles, organise events, or support local causes. It's a great way to develop leadership, teamwork and communication skills, make friends, and enhance your university experience.
Future Towns Collaboration Space	The **Future Towns Collaboration Space** connects students with real-world community projects tackling challenges such as sustainability, wellbeing, transport and digital innovation. You can contribute ideas, join collaborative projects, support local initiatives, and work alongside researchers, charities and community organisations. It's a great opportunity to gain practical experience, expand your network, and help shape healthier, more sustainable communities.

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Southampton Voluntary Services	**Southampton Voluntary Services (SVS)** is the city's Volunteer Centre, helping you find volunteering opportunties that mach your interests, skills and availability. Whether you're looking for a one-off event or a regular role, SVS can connect you with local charities and community organisations, offer guidance, and help you gain valuable experience, build confidence, and make a positive impact.
SO: Linked	**SO: Linked** is a free online directory of volunteering opportunities across Southampton, helping you find roles that match your interests, skills and availability. Browse opportunities with local charities and community groups, grom one-off events to regular volunteering, and filter by location or activity. It's an easy way to gain experience, meet people, and support your local community.
GoVo	**GoVo** is a free national volunteering platform that helps you discover flexible volunteering opportunities with charities and community organisations across the UK. Search by location, interests or skills, create a profile, and apply for roles that fit around your studies. Whether you have a few hours or can volunteer regularly, GoVo makes it easy to get involved and make a difference.
Do-it	**Do-it** is the UK's largest volunteering database, listing thousands of opportunities with charities and community organisations nationwide. Search by location, interest, or availability to find flexible roles that fit around your studies. Whether you're looking for one-off events or regular volunteering, Do-it makes it easy to gian experience while supporting causes you care about.

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Southampton City Council	**Southampton City Council** offers a variety of volunteering opportunities across libraries, museums, parks, heritage sites, and community services. Whether you're interested in supporting cultural events, protecting green spaces, or helping local residents, volunteering with the Council is a great way to gain experience, build transferable skills, and make a positive contribution to the city.
University Hospital Southampton (UHS)	**University Hospital Southampton (UHS)** offers a range of non-clinical volunteering roles where you can support patients, visitors and staff. Volunteers provide companionship, welcome visitors, help patients with practical tasks, and assist hospital charities and services. It's an excellent opportunity to gain experience in a healthcare setting, develop transferable skills, and make a meaningful different to patients' experiences.
IntoUniversity	**IntoUniversity** offers rewarding volunteering opportunities supporting young people from underrepresented backgrounds to acheive their educational goals. Volunteers can mentor students, assist with after-school academic support, or help deliver educational workshops and activities. It's a great way to develop communication, mentoring and leadership skills while making a lasting impact on young people's confidence and future aspirations.
Hampshire Scouts	Hampshire Scouts welcomes volunteers of all backgrounds to support young people in developing skills for life. Whether you can help weekly, occasionally, or behind the scenes, there are flexible roles to suit your schedule. You'll gain leadership, teamwork and communication skills, receive training and support, make new friends, and enjoy rewarding outdoor and community experiences.

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Chinese Association of Southampton	**The Chinese Association of Southampton (CAS)** offers volunteering opportunities that help support the local Chinese community while promoting cultural exchange and community cohesion. Volunteers can get involved in events, cultural activities, language support, and community outreach. It's a great way to gain expeience, develop skills, meet people, and contribute to building a welcoming and inclusive Southampton
Friends of Portswood Rec	**Friends of Portswood Rec** is a community group caring for Portswood Recreation Ground, just a short walk from the Highfield Campus. Volunteers help with gardening, biodiversity projects, litter picks, family events and fundraising to keep the park welcoming for everyone. It's a fantastic way to enjoy the outdoors, meet local residents, support wildlife, and make a lasting difference to your neighbourhood.

Need support to find a volunteering opportunity or explore what volunteering can do for you?

Book a Social Impact Lab Advisor Appointment or email silab@soton.ac.uk